

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wouters Maxim HEADCOACH

Coaches: Feyten Anne

Coaches: Bierinckx Kris

Coaches: Dierckx Davy

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M FREESTYLE WOMEN 10-9 Heat:2, starttime: 14:00

Heat: 2/3 Lane : 1 Athlete: MERTENS CHARLOTTE Q-time: 99:99:99

PB (50m pool): 01:44.86 SportinGenk Park 06/04/2026 PB (25m pool): no time SB: 01:44.86 SportinGenk Park 06/04/2026

	5 0 M	1 0 0 M	
PB	00:49.20	01:44.86	
	00:49.20	00:55.66	
	.	.	

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 10-9 Heat:3, starttime: 14:05

Heat: 3/3 Lane : 2 Athlete: VAN GORP FéLINE Q-time: 01:36:50

PB (50m pool): 01:42.46 SportinGenk Park 11/11/2025 PB (25m pool): 01:36.50 SB: 01:42.46 SportinGenk Park 11/11/2025

	5 0 M	1 0 0 M	
PB	no time	01:42.46	
	no time		
	.	.	

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+ Heat:7, starttime: 14:40

Heat: 7/19 Lane : 1 Athlete: VAN GORP TUUR Q-time: 02:56:38

PB (50m pool): 02:56.38 SportinGenk Park 11/11/2025 PB (25m pool): 03:02.31 SB: 02:56.38 SportinGenk Park 11/11/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:56.38	
	no time				
	.	.	.	.	

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:11, starttime: 14:55
Heat: 11/19 Lane : 7 Athlete: MERTENS DIETER					Q-time: 02:42:24
PB (50m pool): 02:43.56 Antwerpen 08/03/2026					PB (25m pool): 02:42.24 SB: 02:43.56 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.02	01:16.99	02:06.52	02:43.56	
	00:35.02	00:41.97	00:49.53	00:37.04	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:11, starttime: 14:55
Heat: 11/19 Lane : 9 Athlete: FEYEN AEDEN					Q-time: 02:43:75
PB (50m pool): 02:46.42 Wezenberg 01/02/2026					PB (25m pool): 02:43.75 SB: 02:46.42 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.24	01:19.22	02:08.61	02:46.42	
	00:35.24	00:43.98	00:49.39	00:37.81	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:14, starttime: 15:05
Heat: 14/19 Lane : 7 Athlete: BERTELS QUILLAN					Q-time: 02:33:32
PB (50m pool): 02:39.60 Antwerpen 29/01/2023					PB (25m pool): 02:32.70 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:39.60	
	no time				
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 10-9					Heat:2, starttime: 15:40
Heat: 2/3 Lane : 5 Athlete: VAN GORP FéLINE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

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Event number: 25: 100M BREASTSTROKE WOMEN 10-9										Heat:3, starttime: 15:45	
Heat: 3/3 Lane : 0 Athlete: MERTENS CHARLOTTE									Q-time: 02:09:64		
PB (50m pool): 02:01.04 SportinGenk Park 06/04/2026					PB (25m pool): 02:09.64 SB: 02:01.04 SportinGenk Park 06/04/2026						
	5 0 M		1 0 0 M								
PB	00:56.88		02:01.04								
	00:56.88		01:04.16								
											

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:45	
Heat: 1/10 Lane : 5 Athlete: VAN LOMMEL ANTHE							Q-time: 05:43:79	
PB (50m pool): no time			PB (25m pool): 05:43.79 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/10 Lane : 0 Athlete: DIERCKX FEMKE							Q-time: 05:29:55	
PB (50m pool): no time			PB (25m pool): 05:29.01 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:25	
Heat: 7/10 Lane : 4 Athlete: ERTVELDT KLAARTJE							Q-time: 05:02:31	
PB (50m pool): 05:11.86 Wezenberg 01/02/2026				PB (25m pool): 05:02.31 SB: 05:11.86 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.87	01:10.27	01:49.08	02:29.90	03:10.81	03:51.97	04:33.00	05:11.86
	00:32.87	00:37.40	00:38.81	00:40.82	00:40.91	00:41.16	00:41.03	00:38.86
								

Coach feedback:

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Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:35	
Heat: 9/10 Lane : 3 Athlete: BIERINCKX MIE							Q-time: 04:47:82	
PB (50m pool): 04:52.54 Antwerpen 20/07/2025				PB (25m pool): 04:47.82 SB: 04:54.57 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.41	01:08.58	01:45.86	02:23.71	03:01.59	03:39.25	04:16.83	04:52.54
	00:32.41	00:36.17	00:37.28	00:37.85	00:37.88	00:37.66	00:37.58	00:35.71
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:35	
Heat: 9/10 Lane : 7 Athlete: BELLENS LORE							Q-time: 04:52:19	
PB (50m pool): 05:16.68 ANTWERPEN 23/07/2023				PB (25m pool): 04:52.19 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:16.68
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:10, starttime: 16:40	
Heat: 10/10 Lane : 0 Athlete: BOVEN AXELLE							Q-time: 04:42:82	
PB (50m pool): 04:53.47 Antwerpen 21/07/2024				PB (25m pool): 04:42.82 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:53.47
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:10, starttime: 16:40	
Heat: 10/10 Lane : 7 Athlete: MERTENS HELENA							Q-time: 04:38:58	
PB (50m pool): 04:38.58 Antwerp 09/02/2025				PB (25m pool): 04:32.27 SB: 04:45.41 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.60	01:05.35	01:40.80	02:16.55	02:52.66	03:28.44	04:04.37	04:38.58
	00:31.60	00:33.75	00:35.45	00:35.75	00:36.11	00:35.78	00:35.93	00:34.21
								

Coach feedback: